

## Merry Christmas and Happy New Year to All!

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**Our best wishes for a Merry Christmas and a Happy New Year to all.**

We have been keeping busy with our clinical work and service development in Greece. We have many new developments for our international audience for 2012! Among the most notable our specialist [Cognitive Behavior Therapy CBT programme](#) and our new Free [Bipolar Chemistry Meetings](#)

We wish you all a happy and healthy 2012 and we look forward to meeting you through our [we bipolar chemistry meetings!](#)

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