

## Workshop: Behavior Activation Therapy for Mood Disorders (Athens, Greece)

Posted On Feb 06, Posted by [Dr Yanni Malliaris](#) Category [BipolarLab News](#)

Dear Colleagues,

**It is with great pleasure that we announce our forthcoming workshop with Professor Carl Lejuez that will take place on the 17th of March 2012 in Athens, Greece.**

[Professor Carl Lejuez](#) is one of the leading clinical psychologists in the field of Behavior therapy for Mood disorders and has agreed to visit Greece to deliver an intensive workshop on the application of Behavior Activation Therapy for the treatment of Mood disorders. I will also present my work on the application of this therapeutic model for the treatment of Bipolar depression.

Behavior Activation Therapy is the most effective treatment for unipolar depression and holds great promise for the treatment of bipolar depression. It is now more than ever that we need evidence based and effective psychotherapeutic treatments for the treatment of mood disorders.

Please note that thanks to Professor Lejuez we have a very low attendance fee that we hope will enable the participation of all interested colleagues and students. Please read below for further information about the workshop. <http://edoba.bipolar.gr>

**We welcome participants from all over the world.** Visiting Greece at this time of the year would be a delightful experience despite all the negative press about the impending Greek doom.

I am looking forward to seeing you all there.

With best wishes,

**Dr Yanni Malliaris**

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