

#### **Table 1.3: DSM-IV Criteria for a Mixed Episode**

A. The criteria are met both for a Manic Episode and for a Major depressive episode (except for duration) nearly every day during at least a 1-week period

B. The mood disturbance is sufficiently severe to cause marked impairment in occupational functioning or in usual social activities or relationships with others, or to necessitate hospitalisation to prevent harm to self or others, or there are psychotic features

C. The symptoms are not due to the direct physiological effects of a substance (e.g., a drug of abuse, a medication, or other treatment) or a general medical condition (e.g. hyperthyroidism)