

THE MAUDSLEY BIPOLAR eMONITORING PROJECT



Referral Form & Study Entry Criteria for Clinicians

In brief, **we are looking for patients with a clear Bipolar diagnosis who are willing to try our electronic self-monitoring programme.** Suitable patients will ideally need to have a Bipolar episode (manic, hypomanic, depressed) preferably in the past 12 months, otherwise a manic or hypomanic episode in the past 24 months, and not to have any other problems that will interfere with their electronic self-monitoring.

The following are the exact criteria. Suitable patients should meet ALL the inclusion criteria and NONE of the exclusion criteria.

A. Inclusion Criteria

<input type="checkbox"/>	Primary Bipolar-I or Bipolar-II disorder (manic depressive illness) with BPI/II Symptoms (or in current remission) but not in a current acute episode
<input type="checkbox"/>	Preferably one Bipolar episode (Manic <input type="checkbox"/> , Hypomanic <input type="checkbox"/> , Depressed <input type="checkbox"/>) in the last 12 months OTHERWISE
	AT LEAST one Manic <input type="checkbox"/> or Hypomanic <input type="checkbox"/> episode in the last 24 months
Dates	(approximate most recent episode dates)
<input type="checkbox"/>	Aged 18 years old or older
<input type="checkbox"/>	Currently in contact with general adult psychiatry services
<input type="checkbox"/>	Willing and able to provide written informed consent

B. Exclusion Criteria

<input type="checkbox"/>	Currently suicidal or too unwell/unable to participate (according to treating consultant)
<input type="checkbox"/>	Significant physical ill-health and/or primary drug/alcohol problem
<input type="checkbox"/>	Currently involved in another research project
<input type="checkbox"/>	Current psychosis (i.e. paranoia), evidence of anti-social or borderline personality disorder
<input type="checkbox"/>	Other problems that may impede electronic Monitoring such as evidence of organic brain damage, physical frailty mitigating against use of technology

Note:

Check all the above inclusion and exclusion criteria that may apply. If you are not certain about any of the criteria, indicate this with a question mark. Please do not worry if you are not sure about any of the above the criteria. It is better to be over-inclusive at this stage as we can do any further screening required.

Patients who may not meet all our criteria may still take part in a modified version of the study, provided they are willing to participate.

Referrers Name:	
Email address:	

I would like to refer the following patient:

Name:	
Surname:	
Address:	

Contact No:	
Email address:	

Comments:	
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Please email, fax, or post your referral to:

Mr Yanni Malliaris
 P063, Department of Psychology & Psychological Medicine
 Institute of Psychiatry, King's College London
 De Crespigny Park, London, SE5 8AF, UK

Email: emonitoring@bipolarlab.com

Fax: +44-870-706-1170

Tel: +44-207-193-3899

Web: www.bipolarlab.com/emonitoring (visit our website for more information)

Online Referral Web-Form
<http://tinyurl.com/o6y3p>