The Maudsley Bipolar eMonitoring Project

Electronic Monitoring of Symptom Variability in Bipolar Disorder

- Do you have a diagnosis of Bipolar disorder (manic depressive illness?)

- Are you interested in using **state-of-art electronic monitoring** tools (electronic diaries and pedometers) and be part of a programme that has been **specially designed to help you to best monitor how things are going for you?**

- Then you might be interested in our Bipolar eMonitoring Project

if suitable, we will provide all our emonitoring equipment, train you to monitor your symptoms, and support your monitoring efforts for 12 weeks (12 weekly telephone sessions) at no cost

if you wish to participate or have any questions then contact **Yanni Malliaris** who will be happy to help you

Department of Psychology & Psychological Medicine, Institute of Psychiatry, King's College, De Crespigny Park, London, SE5 8AF

+44-207-193-3899 : **emonitoring@bipolarlab.com** : **www.bipolarlab.com/emonitoring**

yanni eMonitoring Project **02071933899 bipolarlab.com**	**yanni** eMonitoring Project **02071933899 bipolarlab.com**	**yanni** eMonitoring Project **02071933899 bipolarlab.com**	**yanni** eMonitoring Project **02071933899 bipolarlab.com**	**yanni** eMonitoring Project **02071933899 bipolarlab.com**	**yanni** eMonitoring Project **02071933899 bipolarlab.com**	**yanni** eMonitoring Project **02071933899 bipolarlab.com**	**yanni** eMonitoring Project **02071933899 bipolarlab.com**	**yanni** eMonitoring Project **02071933899 bipolarlab.com**	**yanni** eMonitoring Project **02071933899 bipolarlab.com**